

International Pressure Ulcer day in Elective Surgery Centre, Silkeborg Regional Hospital, Denmark

This year's Stop Pressure Ulcer Day on 19th of November 2020 sought to raise further awareness of pressure ulcers. We showed our support by presenting:

- I. A focus on our retrospective studies where patients with a pressure ulcer is identified in the Safety Cross Calendar during the period of January 2012 to present day. That work is supported by the clinic and are the most important issue in our center to prevent PU.
- II. The release of national clinical guideline (NCG) for preventing pressure ulcer to be used by health professionals throughout in Denmark. The NCG for Pressure Ulcer Prevention for Adults addresses selected five points of impacts: The effect of care bundle combined with an individual clinical judgment, Shared Decision Making (SDM), individual reposition turning regime, individual analysis of pressure exposure and protein intake¹. The NCG's goal is to be a supplement to the International Clinical Guideline for Pressure Ulcer²
- III. 'Time to check the skin'.
- IV. The head of the organization endorsed us in translating the international Quiz for STOP PU Day 2020 and the winning department got a BIG and NICE cake. Please see the picture below.

The most important effect of the day was the great involvement in responding of the right answer in the quiz to prevent the best PU clinical practice in our center. Furthermore the dialog between clinicians and their leaders.

The introductory speakers both wore a STOP PU T-shirts and was met with good dialogues and lovely smiles throughout the day.

Finally as a follow-up to the day, the quiz will form the basis for teaching in the center

¹ Skovgaard B., Dalsgaard L.T., Hampton J., Nørhøge L., Jelnes R., Sørensen C.L.M., Melby B.Ø., Fremmelevholm A., Dreier H., Gram-Hansen J., Illum M.B., Pedersen P.U. National Clinical Guideline for prevention of pressure ulcers for adults: Silkeborg Regional Hospital and the National Board of Health, Denmark, 2020.

² Kottner J., Cuddigan J., Carville K. et al : Prevention and treatment of pressure ulcers/injuries: The international Clinical Practice Guideline 2019.

The winner in Elective Surgery Centre – The surgical nurses

