

## Clontarf Orthopaedic Hospital: #stopthepressure: Nov 19<sup>th</sup> 2020

Clontarf Orthopaedic Hospital is a 160 bedded rehabilitation hospital caring for patients with a multitude of rehabilitation needs such as orthopaedic, neurological and frail, older patients. It is based on the north side of Dublin and is the largest rehabilitation hospital in Ireland.

On Nov 19<sup>th</sup> 2020, a #stopthepressure event was hosted by the Tissue Viability Clinical Nurse Specialist, Emma Cullen Gill, assisted by the Wound Link Nurses and Occupational Therapy department to highlight pressure ulcer prevention.

The stand showcased posters of pressure ulcer grading, the newly upgraded hospital pressure ulcer policy and the SSKIN Bundle. It also highlighted the importance on the prevention of pressure ulcers including education leaflets, skin assessment, support surfaces, barrier creams, nutrition and prevention dressings. There was a pressure ulcer quiz with prizes, an interactive game with our resident skeleton showing bony prominences, and a mannequin sacrum.

The stand was visited by over 120 multi-disciplinary staff, including staff nurses, student nurses, doctors, occupational therapists, physiotherapists, medical social workers and the portering department. Patients also had a chance to visit and ask questions and take part in the quiz. The TVN and wound link nurses also carried out an educational visit to all the wards and discussed pressure ulcer prevention with all the patients. A fun day was had by all and the feedback was very positive.

**Picture 1. Clontarf Hospital #stopthepressure: Woundlink Nurses/ TVN/ Occupational Therapy Department**



**Picture 2.Clontarf Hospital #stopthepressure:Physiotherapy Department/ TVN/OT Department**



**Picture 3.Clontarf Hospital #stopthepressure:HealthCare Assistant/ Staff Nurses/ TVN/OT Department/ Physiotherapy Department**

