The volunteer campaign, "Stop pressure ulcers!"

On November 15 volunteers-physicians of the state budget professional educational institution "Samara medical College. N. Lyapina "held in the framework of the world day against bedsores action" Stop bedsores! "for visitors of medical institutions of the Samara region, caring for bedridden patients.

The action was held with the support and participation of medical personnel at the bases of three health care institutions: Samara city clinical polyclinic No. 15 Of the industrial district of Samara, Samara city polyclinic No. 13, Samara city clinical hospital No. 8.

Despite the fact that medicine in recent decades has stepped forward, the issues of prevention and treatment of bedsores in patients who have been on bed rest for a long time, are still extremely relevant: they occur in 50-60% of patients with spinal and spinal trauma. In this case, 24-26% of patients with long-existing bedsores develop osteomyelitis, and the probability of deaths increases five times. There are bedsores and at home in 20-24% of patients with various pathologies, forced to be on bed rest, and even with good care they are observed in 9% of patients.

Given the urgency of the problem, the student volunteers spoke to persons engaged in the care of bedridden patients, the importance of prevention and timely treatment of pressure ulcers, showed a presentation and handed out brochures. According to the audience, the information was useful, we hope that it will help to ease the course of the disease and will contribute to the recovery of patients.

This year in Russia, with the support of PAUL HARTMANN, in many cities, training seminars and flash mobs on the topic of prevention of bedsores were held. Such events were held in Moscow, Kazan, Samara, Perm and Ufa. Participants shared their experience and knowledge about the prevention and treatment of bedsores.