STOP THE PRESSURE DAY 15th NOVEMBER 2018

Tissue Viability teams across the county made a stand for national Stop The Pressure Day on 15 November to increase healthcare professional and public awareness about the damaging impact of pressure ulcers.

Numerous events took place across where staff wore red dots and baked dotty cakes to promote discussions on preventing pressure ulcers. The energy and creativity teams put in to #stopthepressure day was amazing; they are already talking about being bigger and better next year!

Pressure ulcers are a key indicator of the quality and experience of patient care. We know that many pressure ulcers are preventable, so when they do occur they can have a profound impact on the overall wellbeing of patients, and can be both painful and debilitating. Preventing them will improve care.

CFT have been selected by the Health Foundation, an independent charity, to lead the PROMISE project as part of a £3.5 million improvement programme which will run for two and a half years. The PROMISE project will roll out the use of mattress and chair sensors in patient’s homes, which will continuously measure and record the patient’s body surface pressures. The chairs and mattresses are linked to a computer which displays the interface pressures in real time and visually identifies the areas of the body under sustained pressure. This helps the patient or carer to better understand the positions that are likely to reduce the risk of pressure ulcers.

The PROMISE project is part of The Scaling Up Improvement programme, led by the Health Foundation, which supports seven projects in the UK to take their proven health care interventions and approaches, and to make them work at larger scale; resulting in a positive impact on patient outcomes.

CFT will be the lead organisation to deliver the PROMISE project, working along with Live Well Plymouth Community Trust; Torbay and South Devon Community Trust; Cedar (Cardiff and Vale University Health Board); Plymouth University and the University of Southampton.
The Tissue Viability Team would like to say a huge thank you for all those who took part on this day.