A Practical Guide to

Eliminating Avoidable Heel Pressure Ulcers

Wednesday 5 October 2016   The Studio Conference Centre, Birmingham

Chair and Speakers Include:
Tina Chambers
Vice Chair
Tissue Viability Society

Supporting Organisation

Birmingham Community Healthcare NHS Foundation Trust
United Lincolnshire Hospitals NHS Trust
NHS
NATVNS SCOTLAND
WELSH WOUND NETWORK
Society of Vascular Nurses
HEALTHCARE CONFERENCES UK
A Practical Guide to
Eliminating Avoidable Heel Pressure Ulcers

Wednesday 5 October 2016    Hallam Conference Centre, London

“The Heel is the second most common site for pressure ulcer development”
Nursing Centre, 2015

“700,000 are affected by Pressure Ulcers each year”

“Each Pressure Ulcer adds £4000 to the costs of care”

“186,617 people developed a Pressure Ulcer in hospital each year”

“Research shows between 80% and 95% are avoidable”
Stop the Pressure Campaign, NHS England

This conference, chaired by Tina Chambers, Vice Chair of the Tissue Viability Society, focuses on a practical guide to eliminating heel pressure ulcers.

National updates and practical case studies will focus on:
• Reducing avoidable heel pressure ulcers
• Changing practice in the early detection of heel pressure ulcers
• Undertaking effective Heel Checks
• React to Red: Communicating heel pressure ulcer prevention
• Vascular assessment of heel pressure ulcers
• Predictors of Healing in Heel Pressure Ulcers
• Multidisciplinary management of heel pressure ulcers
• Learning from RCA investigations relating to heel pressure ulcers
• Managing heel pressure ulcers in the community

“Pressure ulcers represent a major burden of sickness and reduced quality of life for people and their carers. They can be debilitating for the patient, with the most vulnerable people being those aged over 75. Pressure ulcers can be serious and lead to life-threatening complications such as blood poisoning or gangrene. Research suggests that between 80-95% are avoidable” NICE Draft Quality Standard for Pressure Ulcers January 2015
### Schedule of Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>10.00</td>
<td><strong>Chair’s Welcome and Introduction</strong></td>
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<tr>
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<td><em>Tina Chambers</em>&lt;br&gt;Vice Chair&lt;br&gt;Tissue Viability Society &amp;&lt;br&gt;Tissue Viability Consultant Educator and Advisor Tina Chambers Ltd*</td>
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<tr>
<td>10.10</td>
<td><strong>Stop the Pressure: an update from NHS England</strong></td>
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<td><em>Representative</em>&lt;br&gt;NHS England (Invited)*</td>
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<td>10.40</td>
<td><strong>Reducing avoidable heel pressure ulcers through real time monitoring</strong></td>
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<td><em>Mark Collier</em>&lt;br&gt;Lead Nurse Consultant Tissue Viability&lt;br&gt;United Lincolnshire Hospitals NHS Foundation Trust*</td>
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<tr>
<td>11.10</td>
<td><strong>Question and answers, followed by tea &amp; coffee break at 11.20</strong></td>
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<tr>
<td>11.30</td>
<td><strong>Changing practice in the early detection of heel pressure ulcers: “Deal with Heel”: Undertaking effective Heel Checks</strong></td>
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<td><em>Clare Carter</em>&lt;br&gt;Clinical Nurse Specialist, Tissue Viability&lt;br&gt;Dudley Group of Hospitals NHS Foundation Trust*</td>
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<td>11.40</td>
<td><strong>Question and answers, followed by lunch at 13.10</strong></td>
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<tr>
<td>12.05</td>
<td><strong>React to Red: Communicating heel pressure ulcer prevention</strong></td>
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<td><em>Speaker to be announced</em></td>
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<td>12.20</td>
<td><strong>Vascular assessment of heel pressure ulcers</strong></td>
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<td><em>Mr David Bosanquet</em>&lt;br&gt;Surgeon&lt;br&gt;University Hospital of Wales NHS Trust*</td>
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<td>13.00</td>
<td><strong>Question and answers, followed by lunch at 13.10</strong></td>
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<tr>
<td>13.00</td>
<td><strong>Learning from RCA investigations relating to heel pressure ulcers</strong></td>
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<td><em>Pauline Vyse</em></td>
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<td>14.00</td>
<td><strong>EXTENDED SESSION: Predictors of Healing in Heel Pressure Ulcers</strong></td>
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<td><em>Louise Morris</em>&lt;br&gt;Tissue Viability&lt;br&gt;Birmingham Community Healthcare NHS Trust*</td>
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<td>14.30</td>
<td><strong>Question and answers, followed by tea &amp; coffee at 15.25</strong></td>
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<td>15.15</td>
<td><strong>EXTENDED SESSION: Multidisciplinary management of heel pressure ulcers</strong></td>
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<td><em>Tina Chambers</em>&lt;br&gt;Vice Chair Tissue Viability Society*</td>
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<td>15.45</td>
<td><strong>Managing heel pressure ulcers in the community</strong></td>
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<td><em>Rosie Callaghan</em>&lt;br&gt;Tissue Viability Nurse&lt;br&gt;Worcestershire Health and Care NHS Trust*</td>
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<td>17.00</td>
<td><strong>Question and answers, followed by close</strong></td>
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Eliminating Heel Pressure Ulcers

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> Conference Documentation

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Date
Wednesday 5 October 2016

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