







Thursday 19th November 2015 Was European Pressure Ulcer Advisory Panel (EPUAP) World Wide Stop Pressure Ulcer Day

The aim of the day was to raise awareness to the public, professionals, carers & organisations in relation to Pressure Ulcer Prevention.

For 2015

Solent NHS Trust Tissue Viability Nurses & Clinical Advisor – Pressure Relief
Solent NHS Trust Bowel & Bladder Services
Portsmouth Hospitals Dietetic Services



The Team comprised of

Lesley Bradrick, Sinade Berry, Pam Wood, Maggie Simmonds, Sally Reynolds, Fiona Shears, Laura Evans, Lynn Wen Teong

The above services joined forces to raise awareness on good skin care, bowel & bladder management/support & healthy eating to promote skin integrity.

We met at St Mary's Campus, Portsmouth & had a table top display promoting all of the above.

During the time at St Mary's we had 162 people stop & speak with us.

We distributed 78 leaflets on pressure ulcer prevention, bowel & bladder health & dietetic advice on healthy eating.

We also had discussions with 84 people on health promotion & where to seek support & advice now & in the future.

We would like to say a *HUGE THANK YOU* to St Mary's Campus for allowing us to set up in the foyer to hold this event.

